



Name of Person _____

Date _____ Time seizure started _____ and finished _____

Name of person/s in attendance _____

Describe any warning signs or behaviour changes that were noticed up to 24 hours before the seizure:

During the seizure, is the person:

- standing and falls over
- lying in bed or asleep
- remains standing
- sitting down
- other:

What happens during the seizure? Does the person:

- go stiff / rigid
 - go flaccid (loose)
 - smacking of lips
 - repetitive movements of limbs and head
 - picks at clothes
 - kicks and twitches.
- which limbs? _____ face _____ all _____

Is the person having the seizure:

- Conscious (aware & able to speak)
- Semiconscious (able to understand but not speak)
- Unconscious (not responding at all)
- Going in and out of consciousness

Does the person having the seizure:

- go pale in the face
- pass urine
- go blue in the face
- sweat excessively
- other:

Seizure duration: Seconds _____ Minutes _____

- Continual
- Intermittent

After the seizure is the person:

- Sleepy / sleeping. How long? _____
- Dazed and confused
- As normal
- Recovery time: Seconds _____ Minutes _____

- An ambulance was called.

Arrival time: _____

Other incidents, injuries or observations:

Detailed Observation Sheet

When was the date of the seizure and the time of the day it occurred? _____

What was the person doing at the time? _____

Had the person just fallen asleep, or woken up? _____

What called your attention to the seizure – a cry, fall, stare, head-turn? _____

Did the seizure progress slowly or quickly? _____

How long did each stage of the seizure last? _____

Was one side of the body affected more than the other? _____

Did the body become stiff? _____

Did the person jerk, twitch or go into convulsions? _____

Do you think the person lost consciousness? Or do you think it was more a matter of altered consciousness and if so, in what way?

Did the skin show changes? (flushed, clammy, signs of blueness) _____

Did the breathing change? _____

Did the person talk or perform any actions during the seizure? _____

Was the person incontinent of bladder or bowel? _____

Did the person vomit during the seizure? _____

Did any injuries result from the seizure? _____

How did the person behave after the seizure? (alert, drowsy, confused) _____

After recovery did the person remember any unusual sensations before or at the onset of the seizure?

How long did the person take to recover completely? _____

If the person takes medication, when was the last dose before the seizure? _____

Anything else associated with the seizure you think the doctor should know? _____
